

Making Friends With HoNOS

The development of collaborative outcomes measurement between NGO's and clinical services

CONNECT

- Large Auckland NGO provider
- Community Support, Residential-Rehab, Peer Support, Dual Diagnosis, Employment Support

MH-SMART?

PRIMHD?

HoNOS?

“WE DON'T LIKE HoNOS”

HoNOS Scales

1. Overactive, aggressive, disruptive or agitated behaviour
2. Non-accidental self-injury
3. Problem drinking or drug-taking
4. Cognitive problems
5. Physical illness or disability problems
6. Problems associated with hallucinations and delusions
7. Problems with depressed mood
8. Other mental and behavioural problems
9. Problems with relationships
10. Problems with activities of daily living
11. Problems with living conditions
12. Problems with occupation and activities

NGO's ideal tools

- Useful
- Enhance communication
- Reduce paperwork
- Include service users

“Why are we designing so many outcome measures when clinicians are still using HoNOS?”

- Mary O’Hagan

“We need to start changing attitudes at the coalface, rather than a top-down focus”

- Bevan Sloane (MOH)

“It’s not the tool - it’s how you use it”

– Rob Warriner

“We fill it out and file it away and don’t think about it – I prefer to rely on my clinicians’ judgement, not numbers.”

Pilot Collaboration Project

Aims:

- Increase collaborative treatment planning
- Use HoNOS data to measure effectiveness of our interventions
- Increase involvement of service users
- Limit repetition of data collection for service users and staff
- Increase sustainability of HoNOS

Research Project

1. Connect staff receive training in HoNOS
2. Clinical team and Connect to collaborate in routine HoNOS collection and focussed treatment planning, and ensure service users are involved in this process
3. Connect will use HoNOS scores to measure effectiveness of interventions

Where to next?

- If pilot is successful, we might suggest implementing collaborative HoNOS collection across all District Health Boards