

The K-10 Gets You Into the Service



The Recovery Plan Gets You Out

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Introduction

- ◆ Why Use the K-10
- ◆ Why Use the Recovery Plan
- ◆ Workshops developed to inform consumers about the K-10 and the Recovery Plan



Why use the K-10 ?

- ◆ It gets you the service you need
- ◆ It is a tool for the clinician to engage with consumers



Why use the Recovery Plan ?

- ◆ It helps with the recovery process
- ◆ It is a relapse prevention plan
- ◆ and a Crisis plan



mental health recovery

- what is recovery
- best practices
- consumer outcomes
- online articles
- resources
- links

HOPE

Harvesting Our Personal Efforts

1 recovery website!

Since we believe that having a sense of hope lies at the foundation of recovery from mental illness, the above HOPE logo was created to drive the recovery integration efforts in Hamilton County.

We also believe that knowledge about mental illness and access to available resources is critical to the recovery process. As such, the purpose of this website is to provide



Workshops developed to inform consumers about the K-10 and Recovery Plan.

- ◆ Consumers need to know about these forms, and why it will help them to get the service they need.
- ◆ Need to change clinicians attitude to MHOAT, and these forms in particular.



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For more information

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