

Clinical Utility of HoNOS

In a High Dependency Unit

2nd Australasian Mental Health Outcomes Conference
Melbourne 24-26 November 2008

SYDNEY SOUTH WEST
AREA HEALTH SERVICE
NSW HEALTH

Rhian Davies, SW Cluster
Outcomes and Assessment Manager

Project Team

- Rhian Davies, Outcomes and Assessment Manager
- Gwyneth Gillespie, NUM
- Laurie Leigh, Nurse Manager
- Sunay Ahmed, A/NUM
- John McShane, MHIDP Manager

HDU HoNOS Profile

% of clients with clinically significant HoNOS items

1	2	3	4	5	6	7	8	9	10	11	12
12	12	6	2	2	6	12	12	12	8	75	80

Time 1

Barriers

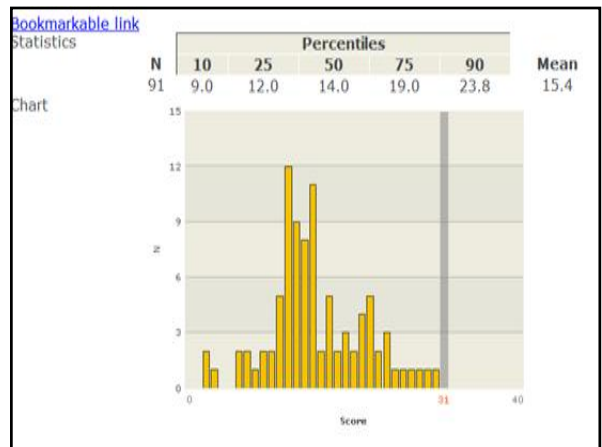
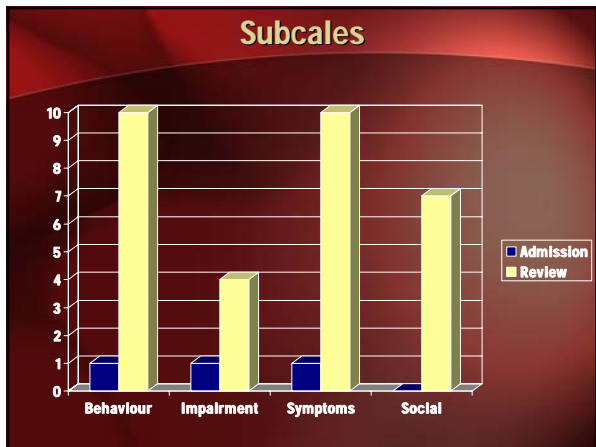
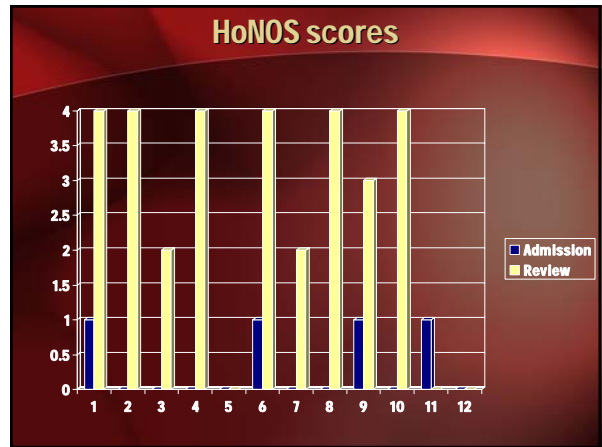
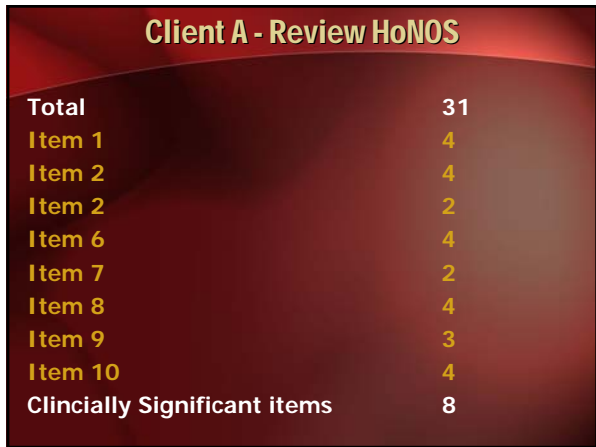
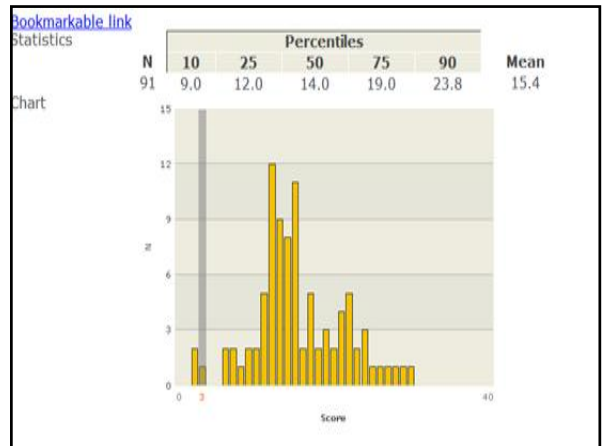
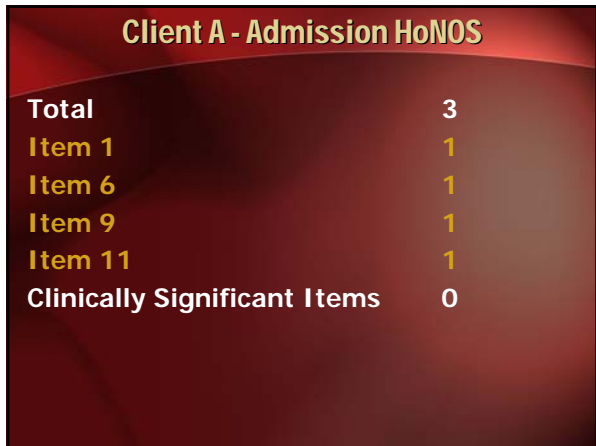
- Not all staff trained
- Paper based system
- Outcome measures not used in clinical practice
- Lack of understanding of the measure
- "Desensitised" staff
- No feedback

Interventions

- Register as Quality Project
- Attend the ward weekly for half to one hour per week
- Group session after handover
 - Review 4 clients
- Feedback to staff
 - Compare the total scores
 - Compare with the national aggregate data

Client A

- Agitated
- Command hallucinations
- Delusions
- THC use
- Socially isolated
- Suicidal ideation
- Poor sleep
- Poor appetite
- Dishevelled
- Disorientated in time
- Intrusive



Client B

- Chronic schizophrenia
- Drug co-morbidity
- Socially isolated
- Paranoid ideation
- Poor sleep
- Threatening neighbours
- Verbally abusive to parents
- Restless and irritable

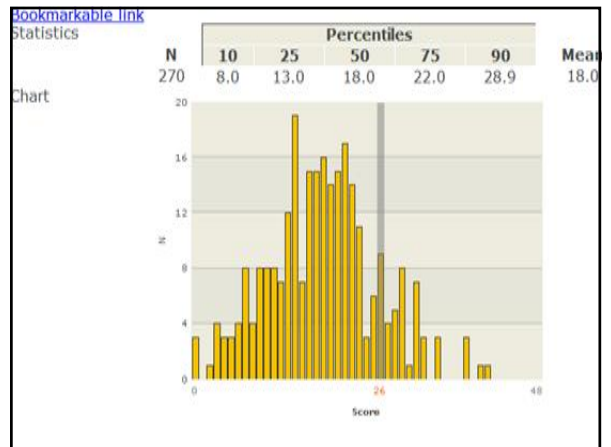
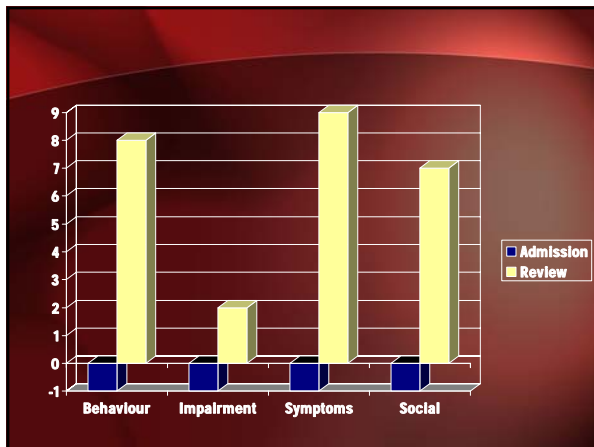
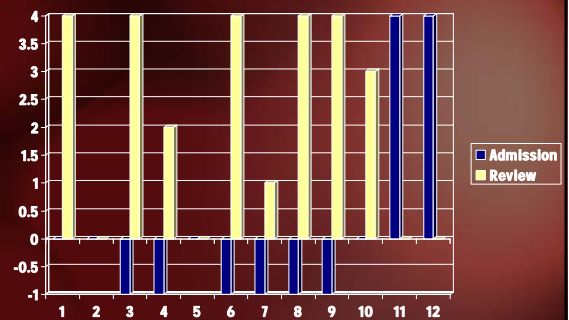
Client B - Admission HoNOS

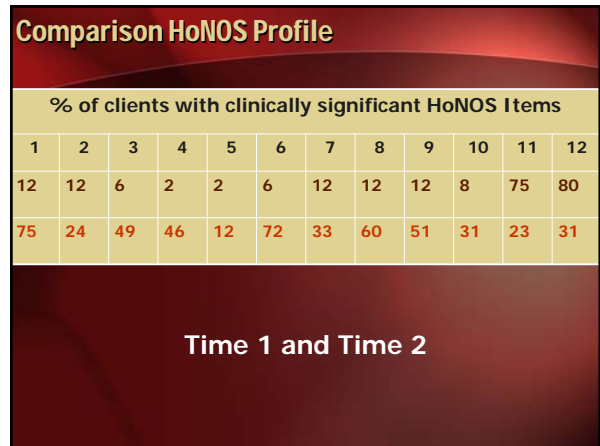
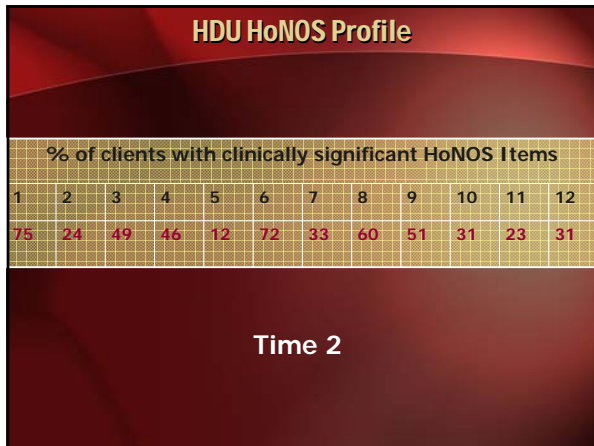
Total	Invalid
Unable to rate	6
Item 11	4
Item 12	4
Clinically Significant Items	2

Client B - Review HoNOS

Total	26
Item 1	4
Item 3	4
Item 4	2
Item 6	4
Item 7	1
Item 8	4
Item 9	4
Item 10	3
Clinically Significant items	7

HoNOS scores





	Time 1	Time 2
Missing items	9	0
No CS score	2	0
Average 10 item score	10.3	21.7
Average 12 item score	11.8	22.1
Highest Score	22	24
Lowest Score	2	20

- ### Comments from clinicians
- Better completing the rating in a team setting
 - Too worried to give rating of 4
 - I always tend to under-rate
 - Not sure how to use the scale

Thankyou to all the staff at HDU who participated in this Quality Project