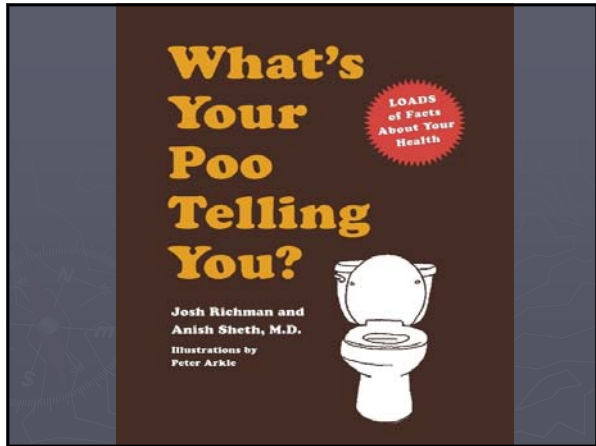


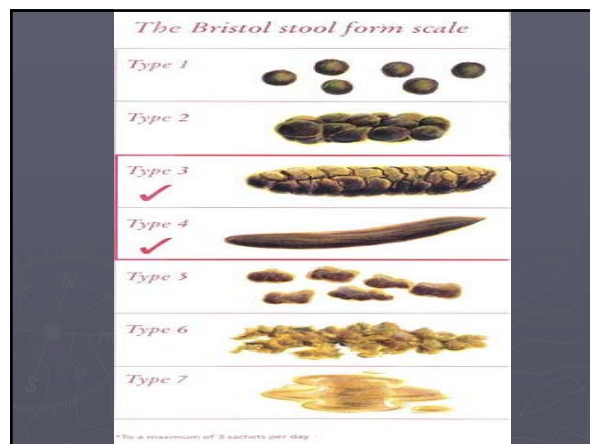


- ▶ Relationships
- ▶ Day-to-day Living
- ▶ Culture
- ▶ Physical Health
- ▶ Quality of Life
- ▶ Mental Health
- ▶ Recovery
- ▶ Hope
- ▶ Empowerment
- ▶ Spirituality
- ▶ Resources
- ▶ Satisfaction with Services

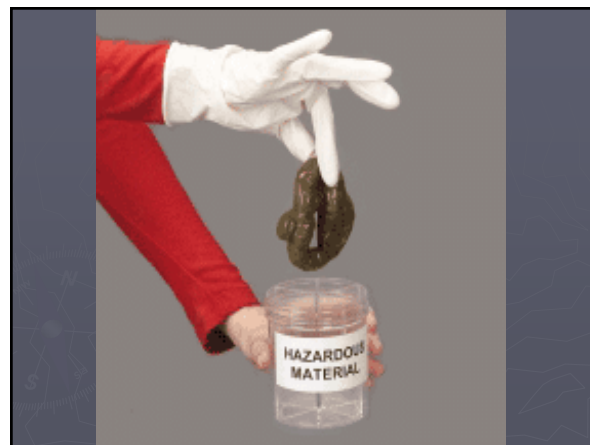




To develop a measure which facilitates reflection upon an individual's situation at a particular point in time which, when used at several different points over time, can reflect change that has occurred.



Primary Purpose:
Providing consumers/ tāngata whai ora with a tool to support individual reflection and communication



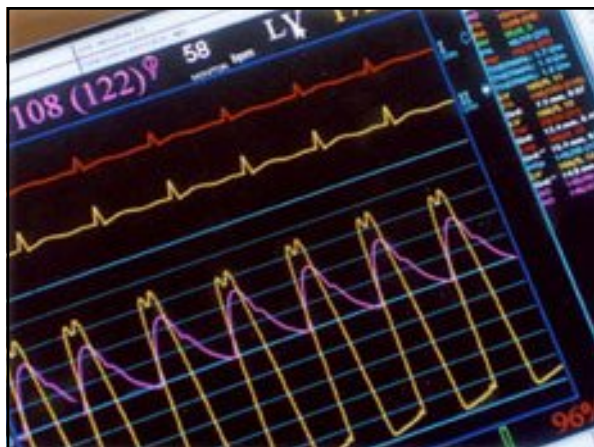
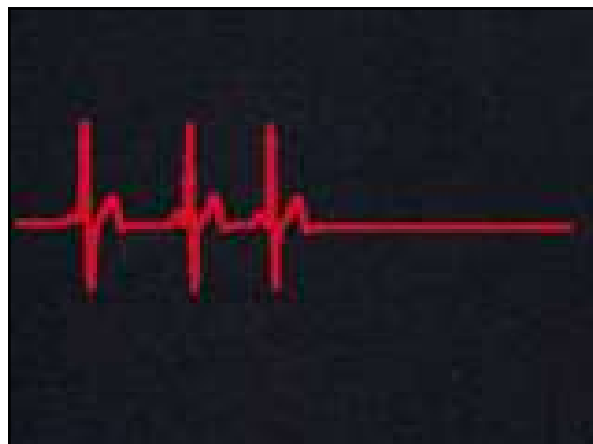
Secondary Purpose:
Collect and aggregate information from many individuals over a significant period of time to support detection of trends. Factors explaining these trends can then be explored to inform decision-making and ongoing personal and service development in relation to mental health at individual, organisational, regional and national levels.



Normally, I would resist a survey that sought to quantify my experience. The fact that it is consumer driven makes me wish to participate. I feel this is giving voice to my experience which speaks the language of traditional outcomes to clinical services and funders.



- ▶ Relationships
- ▶ Day-to-day Living
- ▶ Culture
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- ▶ Resources
- ▶ Satisfaction with Services
- ▶ Māori section: Whanaungatanga & Te Reo me ōnā Tikanga



- ▶ Relationships
- ▶ Day-to-day Living
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Primary Purpose:
Providing consumers/ tāngata whai ora with a tool to support individual reflection and communication



'Really comprehensive stocktake. It would be really good to have a copy of this to share with my support worker because a lot of this stuff they don't know about'



'I have realised that I am experiencing some of my early warning signs and therefore, will do something about it. Having to stop and fill this out has made me more aware of where I am at the moment'



'The questions are having an affect – they are making me take stock of where I am at'



'I believe this has been a useful exercise for me and can see it being not only useful for government but could also be used widely as an aid to effective communication between patients and both their support network and health professionals'



'If you drink plenty of water and eat foods low in fat and high in fiber, you should produce some quality poop that will make you the envy of many'