

# EARLY PSYCHOSIS

USING OUTCOME MEASURES  
TO  
MAP RECOVERY

# RECOVERY MULTIFACTORIAL PROCESS

- SYMPTOM.
- CONTEXT.
- SELF.

# RECOVERY

- RECONNECTING DEVELOPMENTAL  
TRAJECTORY

# MEASURES 18+

- HoNOS
- Behaviour
- Impairment
- Symptoms
- Social
- K10-LM
- Distress-  
Anxiety/Depression
- LSP 16-20
- Withdrawal
- Self-Care
- Compliance
- Anti-Social Behaviour

# MEASURES –18

- HoNOS/CA
- Behaviour D&A
- Impairment
- Symptoms
- Social/ Information
- CGAS- Level of Function
- K10-LM
- DEVELOPMENTAL ALERTS - FIHS
- Maltreatment
- Childhood Problems
- Parenting Problems
- Family Circumstances
- Social Environment
- P/S Circumstances
- Other P/S Circumstances

# BASELINE ASSESSMENT

- **CONTEXT:** Developmental History- FIHS.
- **SYMPTOMS** Pos/Neg, HoNOS/CA, LSP, K10.
- **SELF:** K10, HoNOS/CA, LSP.

# TARGETING BLOCKS to RECOVERY

- Medication Compliance, LSP.
- D&A, HoNOS/CA.
- Social, LSP, HoNOS/CA.
- Vocational, LSP, HoNOS/CA.
- Family, FIHS, HoNOS/CA.
- Affect, K10, HoNOS/CA.

# MAPPING RECOVERY

## Reviewing Phases of Illness

- Prodrome: LSP- Neg symptoms, K10-Affect, FIHS-Trauma.
- Acute: HoNOS/CA, CGAS, LSP.
- Early Recovery: K10, Target Std Measures.
- Late Recovery: Symptoms, Context, Self.

# RECOVERY & OUTCOMES

- Quantitative & Qualitative clinical practice.
- Targeting blocks to recovery.
- Loosening associations- from neg to pos.