



Te Pou
o Te Whakaaro Nui

Pasifika, Research, Information,
Workforce Development

Advancing mental wellness

www.tepou.co.nz

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Mental health workforce development
infrastructure

<p>Te Rau Matatini The National Māori Mental Health Workforce Development Programme</p>	<p>The Werry Centre Centre for Child and Adolescent Mental Health Workforce Development Programme</p>	<p>Matua Raki The Addiction Treatment Sector Workforce Development Programme</p>	<p>Te Pou The National Centre of Mental Health Research, Information and Workforce Development</p>	<p>Le Va Pacific Mental Health and Addiction Workforce Development</p>
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Regional Mental Health Workforce Coordinators

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Le Va – the space that relates

Function
Grow and incubate Pacific workforce and enhance responsiveness of mainstream services

Focus:

- ❖ create opportunities for Pacific leadership growth
- ❖ develop the capacity and capability of the Pacific workforce
- ❖ infuse Pasifika throughout Te Pou and the wider sector

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Inequalities

In New Zealand, as elsewhere, inequalities in health exist between ethnic and socioeconomic groups, people living in different geographic areas, people belonging to different generations, and between males and females. These inequalities are not random: in all countries, socially disadvantaged and marginalised groups have poorer health, greater exposure to health risks, and lesser access to high-quality health services. In addition, indigenous peoples tend to have poorer health. In New Zealand the extent of these inequalities is unacceptable.

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Indigenous

In countries with a colonial history, indigenous peoples have poorer health, even when socioeconomic position is taken into account.

Ministry of Health . *Reducing Inequalities in Health*. 2002. Ministry of Health: Wellington.

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Recovery 

- ❖ What changes are we looking for?
 - Recovery - the ability to get on with one's life, to have a life worth living
 - ❖ The Blueprint for Mental Health Services for New Zealand definition "...living well in the presence or absence of one's mental illness..."

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Maori Responsive - Why? 

- ❖ Treaty of Waitangi
- ❖ Indigenous - Preservation & Protection
- ❖ Human Rights & Social Justice
- ❖ Fiscal - Economic
- ❖ Cultural Diversity and Recognition
- ❖ Need - Equity of Outcomes

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Cultural Concepts 

- ❖ Inform how people make sense of the world
- ❖ Maori conceptual frameworks view mental health within a holistic and integrated framework
- ❖ Outcome measurement needs to be placed within this broader framework

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Maori Responsive: What does that mean? 

- ❖ Training Material
- ❖ Training Processes
- ❖ Engagement with Tangata Whaiora:
 - Whanau Ora
- ❖ Key Documents and Messages
- ❖ Key Objectives:
 - Integrated Assessment Processes
 - Information Utility
 - Information Use

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